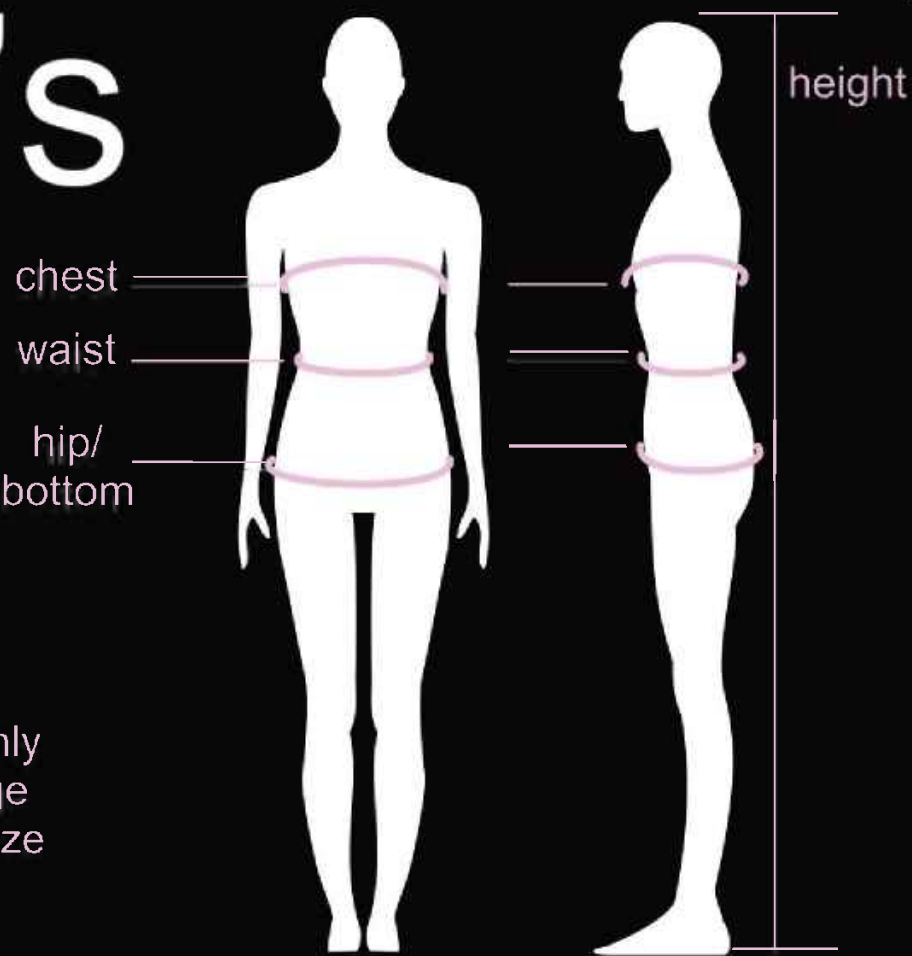


women's size guide

Please Note: This is a guide only. If your measurements vary to the chart, we recommend choosing the size that best fits your body where you feel the comfort is the most necessary eg Chest, Waist, Hips or Body Length.

*NOTE: Height measurement is a guide only for full body suits. If you are above average height you may need to choose the next size up.



Measurement Guidelines *We recommend another person to take an individuals' measurements to ensure accuracy.

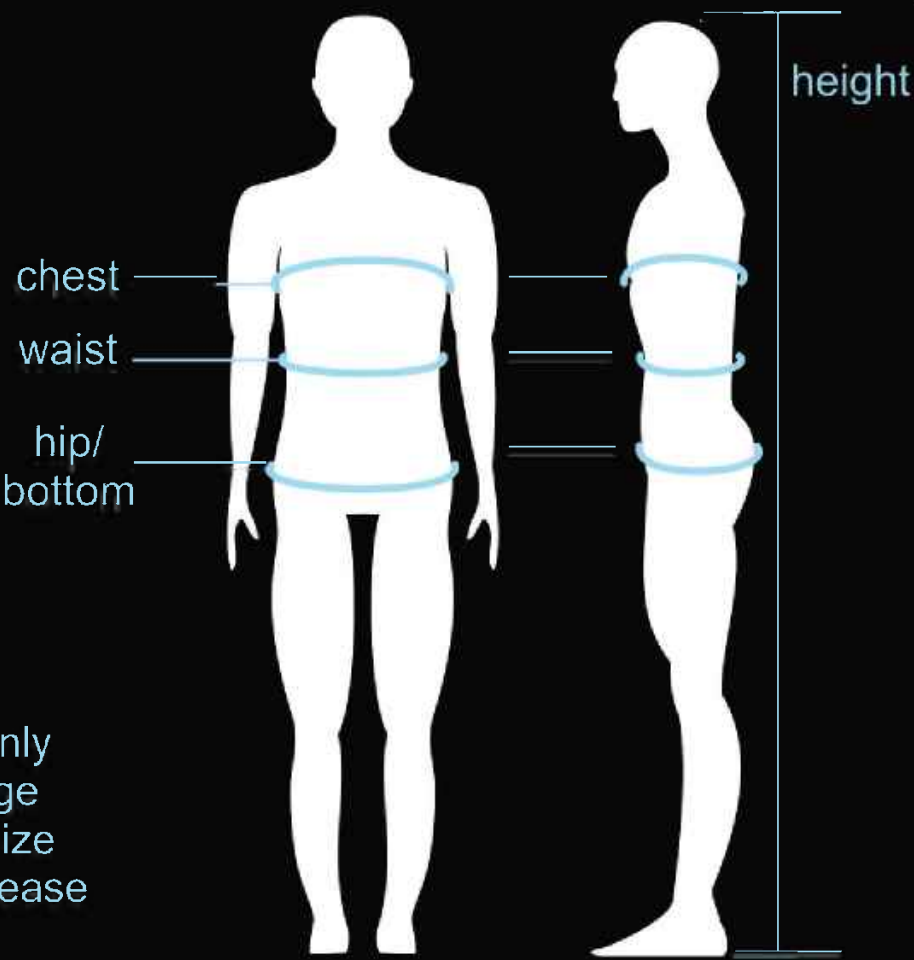
- Chest:** Ask the individual to stretch arms out horizontally to enable the tape to be placed around the fullest part of the chest and ensure it goes horizontally across the back of the body and across the shoulder blades. To take the measurement, ask the individual to now relax the arms at the side of the body - keep the tape horizontal and taut (not tight, just firm) to take the measurement.
- Waist:** Measure around the narrowest part of the waist - if the individual bends from side to side this is the waist, keep the tape horizontal and taut (not tight, just firm) to take the measurement.
- Hip (Bottom):** Ask the individual to stand with feet together, measure around the widest part of buttocks, keep the tape horizontal and taut (not tight, just firm) to take the measurement.
- Height:** Ask the individual to stand with feet together, measure from back heel to the top of the head, keep the tape vertical and taut (not tight, just firm) to take the measurement.

WOMEN'S SIZE GUIDE - body measurements (cm)				
SIZES	CHEST	WAIST	HIP	HEIGHT
6	77-82	62-67	79-84	150-168
8	82-87	67-72	84-89	155-173
10	87-92	72-77	89-94	158-179
12	92-97	77-82	94-99	160-179
14	97-102	82-87	99-104	163-182
16	102-107	87-92	104-109	166-185
18	107-112	92-97	109-114	168-187

men's size guide

Please Note: This is a guide only. If your measurements vary to the chart, we recommend choosing the size that best fits your body where you feel the comfort is the most necessary eg Chest, Waist, Hips or Body Length.

*NOTE: Height measurement is a guide only for full body suits. If you are above average height you may need to choose the next size up. If you are 196cm (6.4ft) and above, Please call us before ordering.



Measurement Guidelines *We recommend another person to take an individuals' measurements to ensure accuracy.

Chest: Ask the individual to stretch arms out horizontally to enable the tape to be placed around the fullest part of the chest and ensure it goes horizontally across the back of the body and across the shoulder blades. To take the measurement, ask the individual to now relax the arms at the side of the body - keep the tape horizontal and taut (not tight, just firm) to take the measurement.

Waist: Measure around the narrowest part of the waist - if the individual bends from side to side this is the waist, keep the tape horizontal and taut (not tight, just firm) to take the measurement.

Hip (Bottom): Ask the individual to stand with feet together, measure around the widest part of buttocks, keep the tape horizontal and taut (not tight, just firm) to take the measurement.

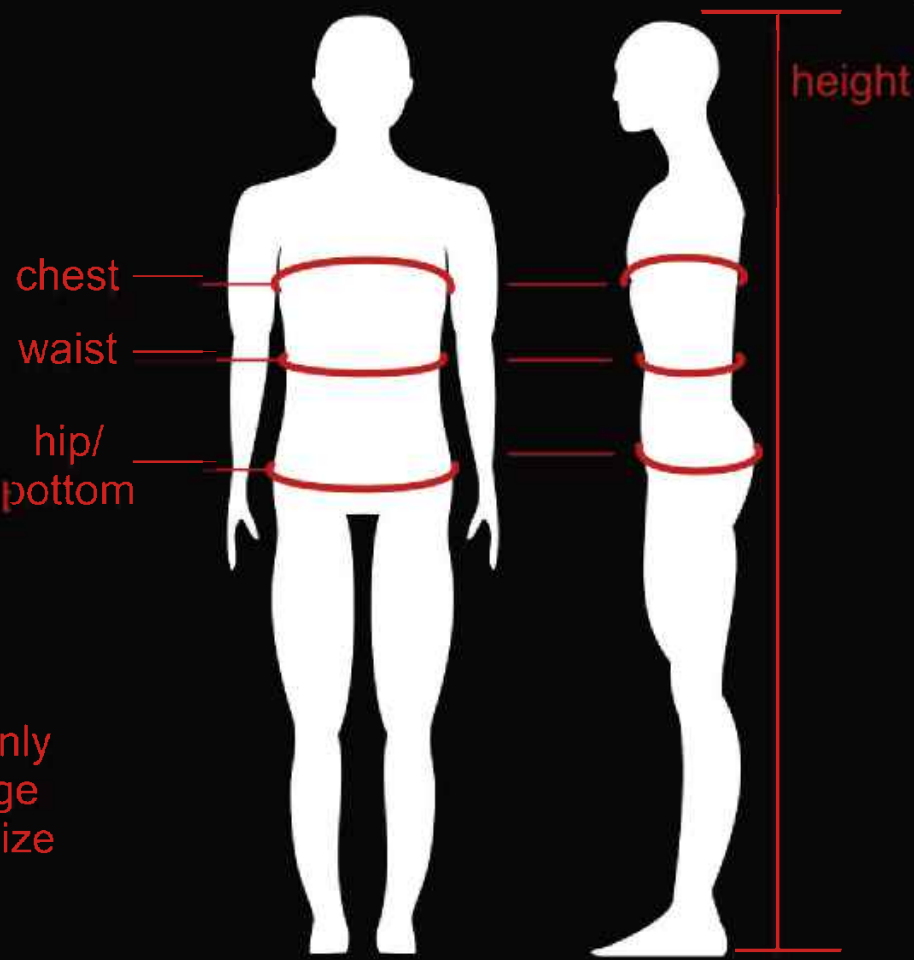
Height: Ask the individual to stand with feet together, measure from back heel to the top of the head, keep the tape vertical and taut (not tight, just firm) to take the measurement.

MENS SIZE GUIDE - body measurements (cm)				
SIZES	CHEST	WAIST	HIP	HEIGHT
3XS	77-82	62-67	79-84	158-172
2XS	82-87	67-72	84-89	162-176
XS	87-92	72-77	89-94	167-185
S	92-97	77-82	94-99	170-187
M	97-102	82-87	99-104	172-188
L	102-107	87-92	104-109	174-190
XL	107-114	92-99	109-116	174-192
2XL	114-121	99-106	116-123	176-194
3XL	121-128	106-113	123-130	176-196

junior size guide

Please Note: This is a guide only. If your measurements vary to the chart, we recommend choosing the size that best fits your body where you feel the comfort is the most necessary eg Chest, Waist, Hips or Body Length.

***NOTE:** Height measurement is a guide only for full body suits. If you are above average height you may need to choose the next size up.



Measurement Guidelines *We recommend another person to take an individuals' measurements to ensure accuracy.

Chest: Ask the individual to stretch arms out horizontally to enable the tape to be placed around the fullest part of the chest and ensure it goes horizontally across the back of the body and across the shoulder blades. To take the measurement, ask the individual to now relax the arms at the side of the body - keep the tape horizontal and taut (not tight, just firm) to take the measurement.

Waist: Measure around the narrowest part of the waist - if the individual bends from side to side this is the waist, keep the tape horizontal and taut (not tight, just firm) to take the measurement.

Hip (Bottom): Ask the individual to stand with feet together, measure around the widest part of buttocks, keep the tape horizontal and taut (not tight, just firm) to take the measurement.

Height: Ask the individual to stand with feet together, measure from back heel to the top of the head, keep the tape vertical and taut (not tight, just firm) to take the measurement.

JUNIOR SIZE GUIDE - body measurements (cm)

SIZES	CHEST	WAIST	HIP	HEIGHT
6	64	56	66	120
8	68	60	70	132
10	72	64	74	144
12	76	70	78	150
14	80	73	82	160