



# Australian Outback Marathon

## 29 July 2023

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### Gold Package - Itinerary Overview

#### 4 Days / 3 Nights

#### Friday 28 July 2023

- Arrive at Connellan (Ayers Rock) Airport
- Transfer to Ayers Rock Resort (for scheduled flights only)
- Hotel Check-In and Race Pack Collection
- Free Time in the Afternoon
- Race change (change of event if required)
- Merchandise Sales
- Opening Ceremony
- Race Safety Briefing
- Australian Outback Marathon “Carbo Load” dinner

#### Saturday 29 July 2023

- **RACE DAY - AUSTRALIAN OUTBACK MARATHON**
- Optional Tours Available (at own expense)
  - Uluru Sunset Tour
  - Sunset Camel Ride (limited places available)
  - Afternoon or Sunset Helicopter Tour
- Informal get-together at the Outback Pioneer Pub

#### Sunday 30 July 2023

- Hosted stretch class at Sails Poolside
- Additional merchandise sales and “lost property” collection at Sails Poolside
- Optional Tour Available (at own expense)
  - Sunrise Camel Ride (limited places available)
  - Kata Tjuta “Valley of the Winds” tour
  - Helicopter Tours (subject to availability)
- Poolside Stretch Session
- Australian Outback Marathon Celebration Dinner (based on award winning Sounds of Silence)

#### Monday 31 July 2023

- Optional Tours Available (at own expense)
  - Sunrise Helicopter Tour
- Transfer to Connellan (Ayers Rock) Airport.
- Tour Ends



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### Gold Package - Inclusions

#### 4 Days / 3 Nights

#### Packages include:

- Guaranteed entry to the Australian Outback Marathon (or shorter event)
- Return airport transfer between Connellan (Ayers Rock) Airport and your hotel (for scheduled flights only)
- Accommodation for 3 nights
- Breakfast daily
- Carbo Load Dinner
- Celebration Dinner
- Other Meals as specified in the itinerary
- Race Day transfers
- Finishers Medal and certificate
- All race photography (including finishing line photos and video)
- All-inclusive Activities as specified in the itinerary
- Limited edition Australian Outback Marathon running top (if booked prior to 12 May 2023)
- Sunday morning stretch class
- Travelling Fit representatives on site
- Discounted rates on specific tours/activities (refer to optional tours or ask us for details)

#### Packages exclude:

- Flights
- Optional Tours which must be booked in advance
- Meals where not specified
- Travel Insurance
- Tourist Visas (if applicable)

#### Notes:

- **Child rate is for all children aged between 3 and 12 years inclusive at the time of check-in**
- **Children 2 years and under are FREE OF CHARGE**
- Adults who are not participating in one of the Australian Outback Marathon events receive **\$100 discount** off the price of the adult package
- Race entry to the Australian Outback Marathon is only available as part of a package and cannot be purchased separately
- All prices are quoted in Australian Dollars (AUD)
- Itineraries and prices are subject to change at any time



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### Gold Package - Detailed Itinerary

#### 4 Days / 3 Nights

#### Friday 28 July 2023

Today is your arrival day at Yulara and the Ayers Rock Resort. You will be met at the airport by a member of the Australian Outback Marathon team and escorted to the resort on one of the complimentary Airport Shuttles which will drop you off right at the door of your hotel.

Once you arrive you will be guided to our dedicated check-in area where you will get your room key as well as your race registration pack that will contain, amongst other things, your race bib and exclusive Australian Outback Marathon running top (if booked prior to 12 May 2023).

Depending on when you arrive, there is plenty of time to relax by the pool, explore the resort or simply head to the Town Square for a bite to eat and a little souvenir shopping.

**Please note that the standard check-in time is 3pm and there will be a luggage storage area available if required.**

At 4:00pm there will be the opportunity to purchase your very own limited-edition Australian Outback Marathon merchandise and you will also be able to change your chosen event, should you wish to. Both of these activities will take place on the grass by the Town Square beside the Amphitheatre, near the Sails in the Desert Hotel. This will be immediately followed by the mandatory Australian Outback Marathon Opening Ceremony and Race Briefing starting at 5:00pm. The merchandise will be available once again after the briefing for approximately 1 hour. To avoid queueing we recommend paying with cash rather than credit card. There is an ATM located approximately 100m away in the town square.

**The Opening Ceremony and Race Briefing are mandatory as there will be a safety briefing at this time and it is also our last opportunity to pass along any additional information prior to the race itself.**

At 6:30pm the traditional Carbo Load dinner will commence where you will get plenty of opportunity to mingle with your fellow competitors and also to fully “carbo load” should you wish to.

**Included Meals: Dinner**





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### Saturday 29 July 2023

#### **TODAY IS THE DAY!**

You will need to get up bright and early today but for those with a healthy appetite a full breakfast will be served from 5:00am at your hotel (not applicable if you are camping or on a “No Accommodation” package). Our private fleet of coaches will pick you up from the lobby of your hotel at 6:30am to take you to the race start so please don’t be late! **Note: it can get very cold in the mornings in the Australian Outback so please be sure to bring something warm to wear prior to the race start.**

Sunrise is approximately 7:30am and this is another excellent opportunity to see the first rays of the sun splash across the mighty Uluru, which forms the back-drop of the start/finish area. Toilets will be provided for those needing to quell those last-minute nerves and at 7:45am the Australian Outback Marathon (and Half-Marathon) will begin. For those participating in the 11km Fun Run and the 6km Fun Run, your start time will be 8:30am.

There will be plenty of tables and chairs at the start/finish area and we will also be providing fruit, an assortment of sandwiches, muffins, and drinks as well as delicious hot soup for you once you have completed the race. There will also be a “gold coin donation” sausage sizzle, with 100% of all proceeds going to the Anangu Communities Foundation. All competitors are encouraged to stay until the end and cheer in your fellow runners but for those that wish to leave once your race has been completed there will be a shuttle bus circulating all day between the finishing area and the resort. You may want to head on back, have a shower and then return to the finishing line to cheer on the last runners as they complete their journey.

#### **OPTIONAL TOURS**

- If you have booked the Sunset Camel Ride you will be collected from your hotel at 4:35pm. Please be in your hotel lobby at **4:25pm** ready to leave.
- If you have booked the Uluru Sunset Coach Tour you will be collected from your hotel at 5:20pm. Please be in your hotel lobby at **5:10pm** ready to leave.
- Afternoon or Sunset Helicopter flight (must be booked in advance) – you will be picked up from your hotel according to your flight time.

In the evening all the runners are encouraged to head on over to the Outback Pioneer Pub for an informal get together, food and a few drinks. This is a great way to end your day (food and drinks at own expense).

#### **Included Meals: Breakfast, Brunch/Lunch (at the Race Start/Finish area)**





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### Sunday 30 July 2023

Breakfast is at your hotel this morning for all those on an accommodation package. At 9:00am we will have our instructors on hand at Sails in the Desert Poolside to take you through a fantastic, free “post-race” warm down and stretch session. This is a great way to take any unwanted aches and pains out of your legs and it is also a fun way to wind down.

All “lost property” can also be collected from Sails Poolside between 9:00am and 10:00am and there will be an opportunity to also purchase any remaining merchandise. Please note that if any items that you have left either at the start or on one of the aid stations are not collected at this time, they will be donated to the Anangu Communities Foundation on your behalf.

You can also make additional shoe donations at this time.

### **OPTIONAL TOURS**

*There are three optional daytime tours available to you should you wish to take advantage of them (at own expense – must be booked in advance):*

- *Sunrise Camel Tour - Departs 6:20am. Please be in the lobby of your hotel at **6:10am***
- *Kata Tjuta (the Olgas) “Valley of the Winds” Walk (a great opportunity to make the most of your 3 day park pass!) - Departs 10:30am and returns approx. 3:30pm – please bring water and snacks*
- *Helicopter Ride with Professional Helicopter Services (must be booked in advance)*

Should you decide to stay at the resort the day is free for you do explore on your own or alternatively simply rest and relax by the pool.

This evening will be one of the highlights of your trip, the exclusive Australian Outback Marathon Celebration Dinner. Based on the multi-award-winning Sounds of Silence dinner this is an evening not to be missed. We start with sunset drinks and canapés on a dune top overlooking Uluru and Kata Tjuta, and then follow this with a fully hosted multi-course meal, an excellent wine list, an on-site star talker, a marathon slide-show and closing presentations. You will remember the Celebration Dinner long after the aches and pains have gone. Buses will depart from your hotel **promptly at 4:40pm** and return at approximately 10:00pm.

**Note: Please make sure you are at the reception of your hotel at 4:30pm. Please do not be late for the departure as we are unable to hold the coaches for you if you are not there.**

**Included Meals: Breakfast, Celebration Dinner**







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### Monday 31 Jul 2023

Today your regular tour ends. After breakfast you check out of your hotel to begin your journey homewards (with a complimentary airport transfer).

#### **Included Meals: Breakfast**

**Note that your transfer to the airport will leave the reception area of your hotel 2 hours prior to your flight – please refer to the signs in reception for more details.**

