



# Australian Outback Marathon

## 29 July 2017

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### Silver Package - Itinerary Overview

#### 4 Days / 3 Nights

#### No Accommodation Required

#### Thursday 27 July 2017

- Arrive at Connellan (Ayers Rock) Airport
- Transfer to Ayers Rock Resort
- Race Pack Collection
- Hosted Warm Up Run
- Exclusive Outdoor Welcome Dinner

#### Friday 28 July 2017

- Uluru Sunrise Tour
  - Includes viewing of the sunrise over Uluru and a breakfast backpack for all guests. Following on is a self-guided base walk of Uluru and a visit to the Cultural Centre
- Free Time in the Afternoon
- Race change (change of event if required)
- Merchandise Sales
- Opening address and “Welcome to Country” ceremony
- Race Safety Briefing
- Australian Outback Marathon “Carbo Load” dinner

#### Saturday 29 July 2017

- **RACE DAY - AUSTRALIAN OUTBACK MARATHON**
- Optional Tours Available (at own expense)
  - Uluru Sunset Tour
  - Sunset Camel Ride (limited places available)
  - Afternoon or Sunset Helicopter Tour
  - Sky Diving (limited places available)
- Informal get-together at Outback Pioneer Pub

#### Sunday 30 July 2017

- Hosted stretch class at Sails Poolside
- Additional merchandise sales and “lost property” collection at Sails Poolside
- Optional Tours Available (at own expense)
  - Uluru Sunrise Tour
  - Sunrise Camel Ride (limited places available)
  - Sunrise Helicopter Tour
  - Sunrise Sky Diving (limited places available)
- Transfer to Connellan (Ayers Rock) Airport.
- Tour Ends



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### **Silver Package - Inclusions**

#### **4 Days / 3 Nights**

#### **No Accommodation Required**

#### **Packages include:**

- Guaranteed entry to the Australian Outback Marathon (or shorter event)
- Return airport transfer between Connellan (Ayers Rock) Airport and your hotel
- Hosted Warm Up Run (Thursday 27 July)
- Outdoor Welcome Dinner (Thursday 27 July)
- Breakfast on Friday 28 July
- Carbo Load Dinner (Friday 28 July)
- Other Meals as specified in the itinerary
- Race Day transfers
- Finishers Medal and certificate
- All race day photography (including finishing line photos and video)
- All included Tours/Sightseeing/Activities as specified in the itinerary
- Limited edition Australian Outback Marathon 2XU running top (if booked prior to 12 May 2017)
- Sunday morning poolside stretch class
- Ayers Rock Resort backpack
- Travelling Fit representatives on site
- Discounted rates on specific tours/activities (refer to optional tours or ask us for details)

#### **Packages exclude:**

- Flights
- Meals where not specified
- Optional Tours which must be booked in advance
- Travel Insurance
- Tourist Visas (if applicable)
- **Breakfast is not included on Saturday or Sunday on "No Accommodation" packages**
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#### **Notes:**

- **Child rate is for all children aged between 3 and 12 years inclusive at the time of check-in**
- **Children 2 years and under are FREE OF CHARGE**
- Adults who are not participating in one of the Australian Outback Marathon events receive **\$100 discount** off the price of the adult package
- Race entry to the Australian Outback Marathon is only available as part of a package and cannot be purchased separately
- All prices are quoted in Australian Dollars (AUD)
- Itineraries and prices are subject to change at any time
- **It is the responsibility of the client to ensure that adequate accommodation has been booked for the duration of your itinerary**



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### **Silver Package - Detailed Itinerary**

#### **4 Days / 3 Nights**

#### **No Accommodation Required**

#### **Thursday 27 July 2017**

Today is your arrival day at Yulara and the Ayers Rock Resort. You will be met at the airport by a member of the Australian Outback Marathon team and escorted to the resort on one of the complimentary Airport Shuttles which will drop you off right at the door of your hotel.

Once you arrive you will be guided to our dedicated check-in area where you will get your room key as well as your race registration pack that will contain, amongst other things, your race bib and exclusive Australian Outback Marathon-custom-made running top (if booked prior to 12 May 2017).

Depending on when you arrive, there is plenty of time to relax by the pool, explore the resort or simply head to the Town Square for a bite to eat and a little souvenir shopping.

At 4:15pm we will gather at the reception area of the Outback Pioneer Hotel for a hosted training run which is your first opportunity to sample the “red earth” of Central Australia. The run will be fully guided and will last for approximately 45 minutes; just enough time to shake the cobwebs from your legs. Please gather in the lobby of your hotel at **3:55pm** at the latest if you are not staying at the Outback Pioneer Hotel to be escorted to the start of the hosted training run. If staying at the Ayers Rock campground, please make your way to the Outback Pioneer Hotel.

At 6:30pm we will all gather together for the first of your Australian Outback Marathon dining experiences; our exclusive Outdoor Welcome Dinner at the Sails in the Desert Hotel poolside. Set outdoors this is a great way to relax and mingle with your fellow competitors who will be sharing your Australian Outback Marathon experience with you.

#### **Included Meals: Dinner**





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### Friday 28 July 2017

You will be up before dawn today and escorted on a private coach departing from your hotel at 6:25am to see one of the many wonders of the area; the sunrise over Uluru. Please be in the lobby of your hotel by **6:15am** at the latest. A breakfast box is included and you will also get a souvenir backpack to carry your belongings so there will be no need to bring along an extra bag. If staying at the Ayers Rock campground, please make your way to the Outback Pioneer Hotel by 6:15am.

Once you have witnessed the sunrise you will start your self-guided tour of the base of Uluru, allowing you to see “up close and personal” what makes this such a special and spiritual place. If you don't want to walk all the way around, fear not as your private coach will pick you up at the 6.5km viewing area and take you to the Cultural Centre. The full circuit of Uluru is just less than 10km. Tea and Coffee will also be available.

On the way back to the resort a visit to the Indigenous Cultural Centre is a must and this is your next stop. There is plenty of time to learn more about the local culture and the Anangu people, the traditional owners of the land. The tour returns to your hotel at around 1:00pm but if you wish to leave earlier we will also have coaches departing from the Cultural Centre throughout the morning.

**Note:** Your 3 day Uluru/Kata Tjuta National Park entry pass is included in the tour and will be in your registration pack. Please remember to bring it with you and note that we are not able to provide you with your pass earlier.

At 4:00pm there will be the opportunity to purchase your very own limited edition Australian Outback Marathon merchandise and you will also be able to change your chosen event, should you wish to. Both of these activities will take place beside the Amphitheatre near the Sails in the Desert Hotel, followed by the mandatory Australian Outback Marathon Opening Ceremony and Race Briefing starting at 5:00pm.

**The Opening Ceremony and Race Briefing are mandatory as there will be a safety briefing at this time and it is also our last opportunity to pass along any additional information prior to the race itself.**

At 6:00pm the traditional Carbo Load dinner will commence where you will get plenty of opportunity to mingle with your fellow competitors and also to fully “carbo load” should you wish to.

**Included Meals: Breakfast, Dinner**







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**Saturday 29 July 2017**

**TODAY IS THE DAY!**

You will need to get up bright and early today. Our private fleet of coaches will pick you up from the lobby of your hotel at approximately 6:45am to take you to the race start so please don't be late! If you are staying at the Ayers Rock Campsite you will need to make your way to the reception area of the Outback Pioneer Hotel. **Note: it can get very cold in the mornings in the Australian Outback so please be sure to bring something warm to wear prior to the race start.**

Sunrise is approximately 7:30am and this is another excellent opportunity to see the first rays of the sun splash across the mighty Uluru which forms the back-drop of the start/finish area. Toilets will be provided for those needing to quell those last minute nerves and at 7:45am the Australian Outback Marathon (and Half-Marathon) will begin. For those participating in the 11km Fun Run and the 6km Fun Run, your start time will be 8:30am.

There will be plenty of tables and chairs at the start/finish area and we will also be providing fruit, an assortment of sandwiches, muffins and drinks as well as delicious hot soup for you once you have completed the race. There will also be a "gold coin donation" sausage sizzle, with 100% of all proceeds going to the Mutitjulu Foundation. All competitors are encouraged to stay and cheer in your fellow runners but for those that wish to leave once your race has been completed there will be a shuttle bus circulating all day between the finishing area and the resort. You may want to head on back, have a shower and then return to the finishing line to cheer on the last runners as they complete their journey.

### **Saturday afternoon/evening Optional Tours**

- If you have booked the Sunset Camel Ride you will be collected from your hotel at 4:35pm. Please be in your hotel lobby at **4:25pm** ready to leave.
- If you have booked the Uluru Sunset Coach Tour you will be collected from your hotel at 5:20pm. Please be in your hotel lobby at **5:10pm** ready to leave.
- Afternoon or Sunset Helicopter flight or Sky Diving Tour (must be booked in advance) – you will be picked up from your hotel according to your flight time.

In the evening all the runners are encouraged to head on over to the Outback Pioneer Hotel pub at 7:30pm for an informal get together, a few drinks and some dancing. This is a great way to end your day (food and drinks at own expense).

### **Included Meals: Breakfast, Brunch/Lunch (at the Race Start/Finish area)**





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### Sunday 30 July 2017

Today your tour ends. After breakfast, check out of your hotel to begin your journey home with a complimentary airport transfer.

Note that if you are leaving on an afternoon flight you are invited to join your fellow competitors at 9:00am around the swimming pool at Sails in the Desert for a relaxing, hosted stretch session with our fully qualified instructor. This is a great way to take any unwanted aches and pains out of your legs and it is also a fun way to wind down.

All “lost property” can also be collected from Sails Poolside between 9:00am and 10:00am and there will be an opportunity to also purchase any remaining merchandise.

Please note that if any items that you have left either at the start or on one of the aid stations are not collected at this time they will be donated to the local communities on your behalf.

#### **OPTIONAL TOURS** *(Please see end of Itinerary for full details)*

*There are four optional daytime tours available to you should you wish to take advantage of them (at own expense);*

- *Uluru Sunrise Tour*
- *Sunrise Camel Tour*
- *Helicopter Ride with Professional Helicopter Services (must be booked in advance)*
- *Uluru tandem Sky Diving (must be booked in advance. Spaces are limited)*





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### Optional Tours – Uluru Sunset Coach Tour – 29 July

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#### Cost per Person- \$55

This is a great opportunity to make the most of your 3 day park pass!

Our exclusive coach will depart from your hotel at 5:20pm to the Uluru sunset viewing area. Enjoy complimentary canapés and sparkling wine as the sun sets over the western horizon and the evening sky brings out the many shades of colour for which Uluru is famous.

The coach will return to your hotel at approximately 7:20pm.

**IMPORTANT:** Don't forget your park pass and your camera!

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### Optional Tours – Sunset Camel Ride – 29 July

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#### Cost per Person - \$129

Begin your peaceful 1-hour camel ride over the big red sand dunes at sunrise or sunset. A ride through this spectacular desert region brings you closer to nature and offers great views of Uluru - Kata Tjuta National Park World Heritage Area.

Skilled guides will describe the flora and fauna along the trail. A refreshing glass of sparkling wine or beer and tasty snacks wait at the end of the trail.

The tour departs from your hotel at 4:35pm and returns at 7:20pm (times are approximate).

- Children under 5 years are **NOT** permitted to ride camels.
- Please advise if any guest travelling weighs more than 100kg.
- **Places are extremely limited and are allocated on a first come/first served basis.**







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### Optional Tours – Uluru Sunrise Coach Tour – 30 July

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#### Cost per Person - \$55

**This is a great opportunity to make the most of your 3 day park pass!**

Today you'll be up early to drive to Talinguru Nyakuntjaku – the Uluru sunrise viewing area. During the journey your experienced Driver Guide will share some history on the numerous sacred sites that you'll pass along the way. These stories form part of what is known to the local Anangu people as Tjukurpa – the foundation of Anangu life and culture.

Once at Talinguru Nyakuntjaku you'll be served tea and coffee and an assortment of sweet biscuits while you begin to familiarise yourself with the beautiful surroundings. You can just relax and take a seat or wander around the viewing area in search of your own personal place to watch the sunrise. The tour departs from your hotel at 6:25am and returns at 8:25am (times are approximate).

**IMPORTANT:** Don't forget your park pass and your camera!





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### Optional Tours – Sunrise Camel Tour – 30 July

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#### Cost per Person - \$129

Breathe in the cool morning air as you ride your friendly camel for one hour through the desert landscape as dawn breaks over Uluru and Kata Tjuta. Watch the desert come to life and learn about the flora and fauna along the trail from your knowledgeable cameleer.

After the ride enjoy freshly baked beer bread damper with quandong jam and a cup of tea or freshly brewed coffee. Explore the camel museum and gift shop before we return you to your hotel. The tour departs from your hotel at 6:25am and returns at 9:00am (times are approximate).

- Children under 5 years are **NOT** permitted to ride camels.
- Please advise if any guest travelling weighs more than 100kg.
- **Places are extremely limited and are allocated on a first come/first served basis.**





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### Optional Tours – Professional Helicopter Services – 29 & 30 July

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#### Professional Helicopter Services are offering Discounted Rates for All Australian Outback Marathon Participants

Your choice of four amazing flights, all at a discounted rate when booked in advance.

- **15 Min Flight over Uluru - \$135 (save \$15)**
- **30 Min Uluru and Kata Tjuta Flight - \$260 (save \$25)**
- **36 Min Grand View Tour - \$290 (save \$30)**
- **Kings Canyon Aerial Safari – \$715 (save \$75 – Sunday 31<sup>st</sup> July Only)**

Make sure you see it all while you are here on this once in a lifetime trip by combining the beauty of Uluru and Kata Tjuta in one unforgettable flight. Professional Helicopter Services will pick you up from your hotel, driven to the Helicopter base and taken on a 30 minute aerial tour.

The Kings Canyon Aerial Safari includes a 2 ½ hour stop at Kings canyon, allowing for plenty of time to explore and also stop at the café and have some lunch (at own expense)

These tours can be booked at any time prior to your arrival at Ayers Rock Resort.

Note: Bookings are essential so as to ensure you get the departure time that suits you.





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### Optional Tours – Uluru Sky Dive

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#### Cost per Person – from \$ 399

See the majesty of Uluru like never before – from the air as part of a tandem skydiving experience.

The sky dives are ideal for couples (please contact us if you are a solo skydiver and we will endeavour to match you up with another person).

- \$ 399 per person when booked in a pair
- \$ 499 per person when booked as a single (if we are unable to match you with another person)

Each skydive **MUST** be booked in advance and the available times are:

8:30am, 10:30am, 12:30pm, 2:30pm, 4:30pm

Sunrise and sunset skydives are also available for an additional \$100 per person.

In addition, every Australian Outback Marathon skydiver can purchase the video package for only an additional \$100 (normally \$124).

**You will be picked up from your hotel approximately 1 hour before your scheduled skydive**

**Note: Only 2 spots are available for each timeslot – don't miss out**

